

I KNEAD CATERING

SANDWICHES AND SALADS - FRESHLY MADE FOR YOU



LUNCH ITEMS

SANDWICHES / WRAPS \$68 (pp)

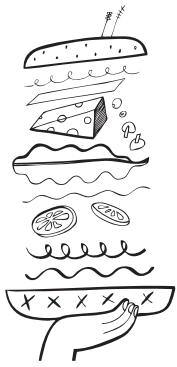
1. Bacon & gouda with tomato & mayo
2. Caesar chicken with olives, parmesan, lettuce & caesar spread
3. Roast chicken with caramelized onions, tomato, lettuce & mayo
4. Banh mi with ham, cucumber, pickled carrot, jalapeños, coriander & mayo
5. Smoked salmon with cream cheese, cucumber & rocket
6. Tuna with gherkins, carrot, rocket & mayo
7. Mozzarella, tomato & basil pesto
8. Goats cheese with caramelized onions & baby spinach
9. Marinated and grilled tofu with cucumber, baby spinach & chili-miso dressing
10. Chickpea smash with mayo, celery, gherkins, capers & baby spinach

SALAD TRAYS \$200 (10 pax)

1. Chinese broccoli, pak choi, sesame & chili-miso dressing (grilled tofu or chicken)
2. Caesar salad with lettuce, olives, parmesan, croutons & caesar dressing (chicken or mozzarella)
3. Thai vermicelli, lettuce, pickled carrot, peanuts, coriander & thai dressing (roast beef or chicken)
4. Pasta al pesto with rocket, sun-dried tomato, fresh tomato (chicken or mozzarella)
5. Tuna pasta salad with rocket, olives, gherkins & mayo
6. Greek salad with lettuce, feta, cucumber, tomato, red onion, olives & vinaigrette
7. Indian masala potato salad with cauliflower, cucumber, chickpeas, coriander, lemon & mayo
8. Quinoa salad with baby spinach, roasted pumpkin, carrot, tomatoes, cucumber & vinaigrette

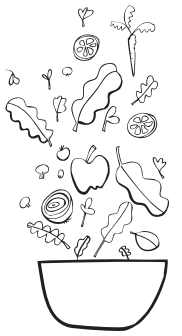
SWEET TREATS

- 1 banana bread slice \$30
- Banana bread loaf \$200
- 1 brownie bite \$15
- Brownie tray (10 pax) \$150
- 1 piece of fruit \$10
- Fruit salad to share (10 pax) \$250
- Chocolate chip cookie \$15



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BREAKFAST ITEMS

MINI PASTRIES \$15

Mini croissant
Mini pain au chocolat
Mini chocolate twist
Mini apple turn-over
Mini onion & cheese

SMALL BREAKFAST SANDWICHES \$35

Brie & jam
Gouda, tomato & mayo
Bacon, tomato & butter
Ham, butter & pickles
Salmon & cream cheese
Peanut butter & jelly

YOGHURT

Homemade yoghurt with granola & compote \$35

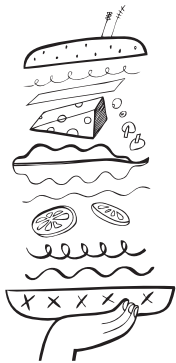
SMALL BITES

CROSTINI OR WRAP BITES \$15 (pp)

Bacon & brie
Roast beef & dijon
Smoked salmon & cream cheese
Mozzarella, tomato & pesto
Goats cheese & honey
Hummus & grilled courgette

ANTIPASTI (10 pax)

Antipasti of gouda, ham, hummus, and baguette \$250
Preserves of gherkins, olives, sundried tomatoes \$150
Roasted veggies \$150
Crudit  with hummus \$150
Selection of cold cuts: parma ham, cooked ham, salami \$250
Selection of cheese: brie, gouda, mozzarella \$250
Selection of spreads with baguette \$200



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EXTRA BITES

Honey soy chicken skewers \$150 (10 pax)

Cheesy zucchini fries \$150 (10 pax)

Frittata squares \$150 (10 pax)

Mixed nuts \$15 (pp)

DRINKS

Pilsner Urquell \$30

Prosecco bottle \$200

Sauvignon Blanc / Rosé / Shiraz bottle \$150

San Pellegrino / Aqua Panna \$25

Emma & Toms Juice (Karmarama, Green Power, Vitamin C, Cloudy Apple, Orange Juice) \$35

San Pellegrino Rossa, San Pellegrino Limonata \$25

Soft Drink (Coke, Coke zero, Fanta, Sprite, Ginger Ale) \$18

Coffee/Tea \$250 (including cup, milk & sugar for 10 pax)

SETS

SMALL BREAKFAST SET \$75 (pp)

Mini pastry

Small breakfast sandwich

Tea or Coffee

BIG BREAKFAST SET \$170 (pp)

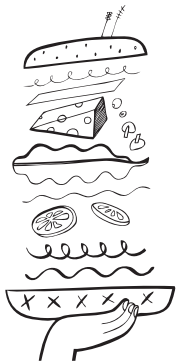
Mini pastry

Homemade yoghurt with granola and compote

Small breakfast sandwich

Emma & Toms juice

Coffee and Tea



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SMALL LUNCH SET \$980 (10 pax)

10 sandwiches / wraps
10-person salad to share
10 brownie bites

BIG LUNCH SET \$1600 (10 pax)

10 sandwiches / wraps
10-person salad to share
10-person fruit salad to share
10 brownie bites
10 Emma & Toms juices

LUNCH BOX \$95 (pp)

1 sandwich / wrap
1 side salad
1 brownie bite / crisps / piece of fruit

AFTERNOON BRAIN FOOD SET \$550 (10 pax)

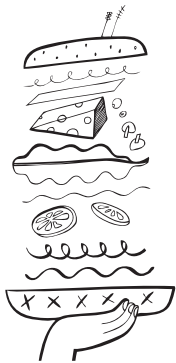
Crudit  with hummus
Fruit salad to share
Mixed nuts

SMALL PARTY SET \$550 (10 pax)

Antipasti of gouda, ham, hummus and baguette
Crostoni or little wrap bites (min order 5 pc per flavour)
Mixed nuts

BIG PARTY SET \$1550 (10 pax)

Antipasti of gouda, ham, hummus and baguette
Crostoni or little wrap bites (min order 5 pc per flavour)
Preserves of gherkins, olives, sundried tomatoes
Roasted veggies
Crudit  with hummus
Honey soy chicken skewers
Cheesy zucchini fries
Frittata squares (add ham or feta)
Mixed nuts
Brownie bites



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BRUNCH SET \$170 (pp)

Homemade yoghurt with granola and compote

Mini pastry

Small breakfast sandwich

Coffee and tea

Emma & Toms juice

SMALL PICNIC SET \$90 (pp)

1 sandwich / wrap

1 side salad

1 brownie bite or piece of fruit

BIG PICNIC SET \$140 (pp)

1 small sandwich / wrap

1 side salad

Antipasti of gouda, ham, hummus and baguette

Preserves of gherkins, olives, sundried tomatoes

Honey soy chicken skewers

Brownie bites

Piece of fruit

Trail Mix

BIG DINNER BUFFET SET \$2100 (10 pax)

2 salad trays

Selection of cold cuts: Parma ham, cooked ham, salami

Selection of cheese: brie, gouda, mozzarella

Selection of spreads with baguette: hummus, pesto, beetroot spread

Selection of preserves: gherkins, olives, sun dried tomatoes

Selection of roasted veggies

Honey soy chicken skewers

Cheesy zucchini fries

Frittata squares with feta or ham

Fruit salad

Brownie Bites